



Empathic Guidance 2024

Somatic Mystic Guide, informed & trained in:

- Psychology & Clinical Counselling.
- Somatic Experiencing,
- Meditation, Companionship,
- Trauma Recovery,
- Spiritual Coaching,
- Grief Counselling
- Energy Modalities including training in Shamanism

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Mj (Myrna) LeBlanc 29 Heritage Point, Stony Plain, AB. Canada. T7Z 2G1 780 405-8132

Working with me involves an agreement made between yourself and I. You are the expert of you, and I am learning about you every moment I am with you. I value My relationship with my clients and believe that such a relationship is the beacon in the healing process. I am not interested in taking your money just because, I am invested in the relationship that is needed to promote healing.

I have extensive experience in the area of Grief and support individuals who are navigating transitional, separational, trauma and bereaved grief. I am an Internationally licensed Greif and Trauma Counsellor with over 17 years of experience specializing in various counselling methods.

As a Somatic Experiencing Practitioner, I facilitate all my offerings from a Somatic Foundation. With training in areas including Syndromes, Generational and Intergenerational Trauma, Medical Trauma, and Mortal Threat and Near-death experiences.

Everyone is unique and has their own way of addressing resolutions. I work in a wellness model that helps my clients empower themselves by focusing on what works for them and not on a systematic approach that provides a generic procedure for working on a treatment. I appreciate our difference and look forward to each opportunity to be with you on your journey.

All my offerings involve a friendly witness, listening in compassion and acceptance. This involves asking questions, offering information, sharing resources and guidance in many areas.

If I am unable to support your journey, I will inform you and assist in you finding someone who is.

It's important to note here that what happened to you in your life and could have significantly influenced your current symptoms or behaviours. Attending to these more historical questions can open a window to more beneficial and lasting treatment.

Client's Rights

1. The client may ask questions about what to expect during and the possible end result of the therapy.
 - decline to proceed with the therapy as to the techniques which may be conducted by the therapist.
 - can raise any concerns and to speak with the therapist immediately, likewise for the therapist.
 - cease to continue therapy anytime, without any impediment and may return to therapy anytime.
2. The therapist has the right to dismiss the client from the course of therapy.
3. Right to confidentiality: Within limits provided for by law. These limits are concerning intent to harm.
 - a. If you disclose to me that you intend to harm yourself/to take your life, I am obligated ethically to take the necessary steps to ensure your safety. _____ Initials
 - b. If you disclose to me information regarding harm to a child or vulnerable person, I am obligated to contact the authorities. _____ Initials
 - c. If my records are supposed by law, I am obligated to hand all records over. _____ Initials
 - d. If you authorize sharing of records, then we will discuss what is shared together prior to my sending any information. _____ Initials
4. All records and information acquired by the therapist shall be kept strictly confidential in accordance with the principles of a doctor-patient relationship. All information will not be shared or revealed to any person, agency, or organization without the prior written consent of the client.
5. The client will complete the intake assessment attached.

Signature

Informed Consent

I understand that results might vary, and that Mj (Myrna) LeBlanc may not guarantee results. What Mj (Myrna) LeBlanc offers is not a replacement for medical treatment, psychological or psychiatric services, or psychological or psychiatric counselling. _____ Initials

I understand that Mj (Myrna) LeBlanc does not treat, prescribe, or diagnose any condition. _____ Initials

I understand that Mj (Myrna) LeBlanc is not practicing any other profession that requires a permit/license under the laws of Canada or Internationally. _____ Initials

Collaboration between Mj (Myrna) LeBlanc and myself involves setting goals, planning homework to be done between sessions, commitment to complete agreed upon homework. _____ Initials

I understand that Mj (Myrna) LeBlanc does not guarantee results. _____ Initials

Any participation with Mj (Myrna) LeBlanc is of my own volition, Mj (Myrna) LeBlanc is not liable for any outcome. _____ Initials

I agree to fill out this form & the Intake form attached and email them to Mj LeBlanc _____ Initials
Give 24 hours cancelation notice. _____ Initials

Fee's - are subject to change annually.

I agree to pay for service at the end of each appointment. _____ Initials

Acknowledgement

I have reviewed this Informed Consent Agreement. _____ Initials

I likewise understand my Client's Rights. _____ Initials

I accept this agreement and consent to counselling. _____ Initials

Client Information

First Name _____

Phone Number _____

Last Name _____

Email _____

Address

Street Address _____

Country _____

City _____

State / Province, _____

Emergency contact _____

Postal Code/Zip _____

Date of birth _____